



# ENO RIVER Currents

Eno River Association — Connection to the Past — Protection for the Future

## Calendar of Events

**Annual Calendar Celebration**  
**The Broad Street Cafe, Durham**  
Sunday, December 2nd, 6–8 pm

**Hike the newest addition to**  
**West Point on the Eno City Park!**  
**Amphitheater parking lot,**  
**north side of the river**  
Sunday, December 9th, 2–4 pm

**4th Annual**  
**Eno Members Only Sale!**  
Mid-December

**New Year's Day Hike**  
**Few's Ford**  
Tuesday, January 1st, 2008

**Muddy Water Watch Orientation**  
Early January (date to be confirmed)

**Winter Hike Series**  
January – February 2008  
Each Sunday afternoon at 2 pm

**Deadline for craft artists for the**  
**29th Annual Festival for the Eno**  
January 15th, 2008

Visit [www.enoriver.org](http://www.enoriver.org)  
for details on  
these events and more!

## Land Protection Year in Review

Klugh Jordan, Director of Land Protection

**T**wo thousand-seven has been a full year for the Association's Land Protection Program. At the time I am writing this, we have completed nine land acquisition projects (protecting nearly a mile of stream frontage!), with several more expected to close before the end of the year. We've added an additional Land Protection Specialist to our staff and have been awarded several significant grants for land acquisition from our partners and funders. Lots

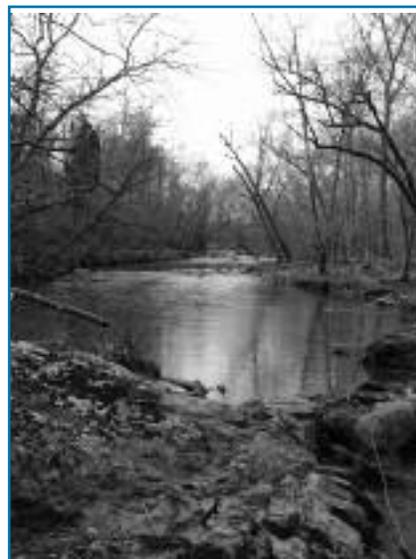
of good things, and we have plans for an even bigger 2008.

By the time you receive this newsletter, we will have acquired two key properties for the Eno River State Park. The Orange County properties total 56 acres and include over 1,500 feet of stream frontage (see map). The larger property helps us in our efforts to fill in the gap between the Eno Wilderness and Poplar Ridge sections of the Park, on either side of Lawrence Road. This property is also along the proposed route of the Mountains-to-Sea Trail, which will eventually pass along several existing trails within the Park. The Association will be transferring this property to the State by the end of the year. The smaller property provides additional buffer in the more narrow Pleasant Green area of the Park and is already in State ownership.

We have a flurry of end-of-year activity coming up all along the Eno River, so as always, look for more exciting news on the land protection front in our next newsletter.

If you want to learn more about protecting your property in the Eno River Basin through a sale or conser-

*see Land Protection, page 3*



*Klugh Jordan*

*Looking down the Eno River from newly acquired parkland.*



The mission of the Eno River Association is to conserve and protect the nature, culture, and history of the Eno River basin.

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 www.enoriver.org  
 association@enoriver.org

Dear Friends of the Eno,  
 At this time of year when the days are shorter, the weather is colder, and families gather to celebrate the holidays, we often find our leisure time more oriented towards warm firesides than active outdoor activities. This change in the pace and focus of our lives reminds many of us of the passing of time and the need to protect and sustain what is precious to us. Making a year-end gift to the Eno River Association will help ensure that resources are available to purchase a special tract of land or teach a child about the importance of clean water. And, because good deeds are often rewarded, your gift may also provide you with tax-saving opportunities.

There are many ways to make a gift.

**Make a cash gift.** This simplest way of giving can be accomplished by check or credit card, through the mail, online, or by phone.

**Make a gift of stock.** Donating long-term appreciated stock can provide a tax deduction for the full value of the stock on the date of the gift while avoiding payment of capital gains tax on the increased value of your stock.

**Make a gift of Real Estate.** As with appreciated stock, donating real estate you've owned for an extended period may allow you to avoid payment of capital gains tax while deducting the full value of the real estate at the date of the transfer.

**Make a gift from an IRA.** Prior to December 31, 2007, if you are at least 70½ years old and required to take annual distributions from an IRA, you can use a Charitable IRA Rollover to make the distribution tax-free by directing that it be made directly to the Eno River Association.

**Make a gift through your Will, or designate the Eno River Association as the owner and beneficiary of a life insurance policy.** Although these are gifts we hope we won't see for a long time, giving a gift through your estate is a very special legacy.

You should, of course, check with your tax or legal advisor to be certain that the gift you make for the Eno will also maximize your tax benefits. Working together we can protect the river, safeguarding its water and the natural areas that surround it.



Don Moffitt

*Robin*

# Annual Meeting Report

Our Board of Directors is made up of volunteers who give their time and their talents to the Association for years, and in some cases decades. They serve on committees, as officers of the board, and as devoted advocates for our mission to protect land in the Eno River basin. We paused to offer thanks to five board members who are stepping down this year—Erik Daubert, Frank Deal, Kay Hesse, Dr. Caroline Long, and Fran Turner. Each has contributed in significant ways and we offer our deepest appreciations for their years of dedication.

We also recognized board member transitions this year. Laura Benedict stepped down as Treasurer and Cliff Leath has stepped into the job. Nancy Gustaveson resigned as secretary after thirty-three years. That's right—more than three decades! Nancy will remain on the board and stepping into the role of secretary is Emily Herbert. Someone commented that the job description required a commitment to serve for thirty-three years to which Emily replied: "I can only commit to thirty!" And we welcomed our newest board members—Barbara Driscoll and Joy Cagle Harper—who are joining the long legacy of Eno River champions.

Our annual meeting featured a panel of guest speakers presenting summaries of their current research on the Eno River, followed by questions from our members. Appreciations go out to our guest speakers:

Dave Cook, Superintendent of the Eno River State Park (ERSP), who presented water quality data and trends from 2000–2007 on behalf of park ranger Jason Gwinn.

Erin Hagan, a second-year masters of environmental management student at Duke University's Nicholas School of the Environment and Earth Sciences, who presented preliminary findings from her research on aquatic habitats and invertebrate indicator species.

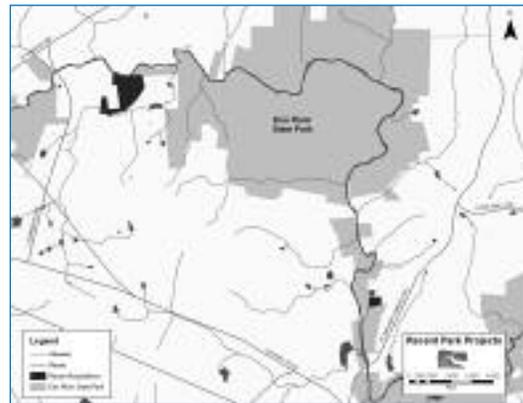
Julie Reynolds, Mellon Instructor in Writing and Biology, Duke University, told us about her recent work with undergraduate Duke students on mapping invasive plant species in the ERSP.

Mark your Eno calendar now for the 2008 annual meeting of the Eno River Association.

Thank you to B & B Top Soil in Durham for allowing us to dump five truckloads of organic matter that was removed as part of a prairie restoration project on the Blue Indigo Slopes property.

## Land Protection, *continued from page 1*

vation easement, or would like to hear about conservation management options, please contact Klugh Jordan at (919) 620-9099 ext. 201 or [klugh@enoriver.org](mailto:klugh@enoriver.org).



*Recent park projects*

## Construction Beginning on West Point Bridge

By the time this newsletter reaches your mailbox, construction should have begun on the new bicycle and pedestrian bridge spanning the Eno River at West Point City Park. The work, anticipated to begin in November 2007, is expected to be completed by June 2008. The bridge, designed by the firm of Coulter, Jewell and Thames, will be 210 feet long and 10 feet wide. It will be built parallel to and upstream from the existing Roxboro Road/US 501 Bridge. The project is primarily funded through State and Federal grants obtained by the city of Durham, and the construction will be overseen by the city.

The old concrete causeway was removed in the summer of 2006 to improve water-quality protection. Since then, there has been no dry crossing uniting the northern and southern parts of West Point Park. This span will again connect the river banks of the park, but moreover, as Mountains-to-Sea Trail projects are completed along the northern bank of the river, it will soon allow bicyclists and pedestrians to travel the three miles from Penny's Bend State Nature Preserve to West Point park on unbroken, designated trails. It will make the attractions of the southern section much more accessible to the many nearby residents in Old Farm and surrounding neighborhoods.

The Mountains-to-Sea Trail, now about 40 percent complete, will eventually span the state of North Carolina—from Jockey's Ridge State Park to the Great Smokey Mountains National Park. For more information, visit the website: [www.ncmst.org](http://www.ncmst.org).

# Go Play Outside!

Kathy Lee, Director of Education & Outreach

The idea and appeal of going outside to play has been eroding in our communities, our schools, and in many families for some time. But there's hope through growing research that points to the many positive and measurable outcomes of children spending time outdoors. The North Carolina Office of Environmental Education has recently released a series of postcards that promotes these benefits:

“Remember your parents telling you to go play outside? Turns out they knew what they were talking about. An increasing amount of research shows that spending time outdoors has many positive impacts on a child's physical health and development.

Kids who spend more time outside tend to:

- Be more physically active and therefore have lower levels of obesity;
- Score higher on standardized tests;
- Have fewer symptoms of attention deficit hyperactivity disorder;
- Experience less stress than other children their age.”

This movement really got going in 2005 when Richard Louv's book *Last Child in the Woods—Saving our Children from Nature Deficit Disorder* caught the attention of educators across the country. Growing out of these questions of where (or if) nature and the outdoors fit in our school curriculum was the No Child Left Inside Act of 2007.

Rep. John Sarbanes of Maryland introduced the bill in the U.S. House of Representatives in July with the following statement:

“One national study found that children today spend an average of six hours each day in front of the computer and TV but less than four minutes a day in unstructured outdoor play. Another study found that young people could identify 1,000 corporate logos but fewer than 10 plants or animals native to their back yards. Something is seriously out of whack. We can begin to address the problem by bringing the environment back into our schools in a meaningful way.”

The No Child Left Inside Act of 2007 (H.R.3036) amends the No Child Left Behind law in the following ways:

- Provides federal funding to states to train teachers in environmental education and to operate model environmental education programs, which include outdoor learning;
- Provides funding to states that create environmental literacy plans to ensure that high school graduates are environmentally literate;
- Provides funding through an environmental education grant program to build state and national capacity;
- Re-establishes the Office of Environmental Education within the U.S. Department of Education.

Children First



We have many examples of environmental education opportunities right here at home that bring students from public schools, private schools, and home school groups out to the river as part of their regular learning program. These include our own Eno River Association education programs, the Eno River State Park Environmental Education Learning Experiences, Schoolhouse of Wonder, and the untold numbers of teachers and parents who bring children out to the river for the learning experiences, and for the sheer joy of being outside.

Teachers at the Children First School non-profit preschool in Durham take weekly outings to the Eno River State Park.

“At Children First, field trips are one way we help children develop a deep, satisfying connection with the natural world. We visit, explore, and settle into a particular natural place many times over the course of the school year, experiencing that setting through different seasons. This year we have chosen the Cole Mill area of the Eno River as our wild ‘home away from home.’ ”

The opportunities are endless, but the resources are often limited. It takes a commitment from each of us to create more opportunities to get outside and play, learn, and connect with the river. So remember what your parents told you many years ago (or yesterday). Go play outside!



## Hiking on the Eno – A Tradition Lives On

By Annette Jurgelski

Under the leadership of Eno founders Margaret and Holgar Nygard, winter hikes along the Eno began as early as 1966—almost 10 years before the first parkland was acquired by the state in 1975. Participants in these early hikes recall meeting at Bennett’s Place and carpooling to those locations along the river where the group had permission to hike. Petite but innately imposing, Margaret would stand on one of the picnic tables at Bennett’s Place and precede the hike with a talk about the river she loved and the ongoing efforts to preserve it.

Following the tradition of its founders, the Association has continued to offer weekly hikes during the winter and spring months. The Eno winter hike series begins on New Year’s Day each year. This hike has become a yearly event for many friends and families who choose to start the year together on the trails of the Eno River. At the end of the trail, hikers are rewarded with music and refreshments and an opportunity to visit with old friends and meet new ones.

As the park has expanded and more trails have been developed, the Association has been able to offer nine different itineraries in its winter hike series. Seven of these explore different locations within the state park; one leads hikers along the river in West Point on the Eno City Park while another, with the permission of private landowners,

takes participants to the source of the Eno in northern Orange County.

Each year more than forty hike leaders volunteer their time to share their favorite trails and tales of the Eno. In the course of a two-hour hike, stories are related on the colorful history of the region, which was once dotted with farmhouses, cabins, and mills. Veteran leaders may also share recollections of incidents that have occurred during previous hikes along the trails of the Eno.

Please plan to join us for this year’s free winter hikes, which will be held every Sunday at 2 pm from January through the first Sunday in March. Hikers meet at the picnic shelter near the big parking lot about a mile down from the main entrance to the Eno River State Park on Cole Mill Road. Most hikes are easy to moderate and present no problems for the average walker. Hikes on the Cox Mountain and Laurel Bluffs Trail are more challenging because of their length and occasional steep ascents.

For more information about Eno winter hikes visit the Events & Activities page on our website at [www.enoriver.org](http://www.enoriver.org), or email [association@enoriver.org](mailto:association@enoriver.org), or call our office at 919-620-9099. Happy hiking!

Special thanks to the Durham County Open Space program and Duncan Pannell for the donation of a Trimble GeoXT handheld GPS and accessories. This GPS unit will assist us significantly in our land conservation efforts in the future.



### Donation Wish List

- Microscope with light source
- Refrigerator with Energy Star rating
- Large wheelbarrow, contractor grade
- Pulaski, mattocks, and other fire-fighting tools for stewardship program
- Field Guides — trees, wildflowers, ferns
- Stand-up freezer with Energy Star rating

## Announcements

### 4TH ANNUAL MEMBERS ONLY SALE

For the first time ever we are offering up to 50% off a selection of our original limited edition Eno art prints and posters. Here's how it works:

If you are already a member of the Eno River Association, and we have your current email address, you will receive an e-vite in late November. If you're not sure if we have your current email address, please forward it to [festival@enoriver.org](mailto:festival@enoriver.org) and we'll add you to our list.

If you are not currently a member, you can join the Association using the form in this newsletter, or online at [www.enoriver.org](http://www.enoriver.org).

Remember to include your email address on your membership form and we'll add you to the member email list.

**IMPORTANT:** If you would like to be included in this member sale and you do not use email regularly, please contact our office at 919-620-9099 ext. 203 to receive a sale notice in the mail.

Other Eno merchandise will be available at regular prices during our member sale including water bottles, bandanas, coffee mugs, and the 2008 calendar. Make your holiday gifts give twice this year—your friends and loved ones will receive fabulous original Eno art, and your purchase will help support our work in protecting land on the Eno.



### 2008 ENO RIVER ASSOCIATION CALENDAR: WEST POINT ON THE ENO IN STORES NOW!

We work hard to protect land in the Eno River basin, often in collaboration with other groups that share our vision. This year we are pleased to announce our latest collaboration—the 37th annual Eno River Association calendar featuring West Point on the Eno.

The Eno River Association calendar is almost entirely accomplished through volunteer energy and commitment. Enormous appreciations go out to Jennifer Armstrong who has led the calendar committee for the past two years and to Janet Barbato,

President of Friends of West Point, who coordinated much of the work on the calendar this year. The 2008 Eno calendar includes stories and images submitted by the Eno River Association, Friends of West Point, Schoolhouse of Wonder, and the City of Durham Parks & Recreation and Forestry divisions. Each month features local photographers and wildlife illustrations from our original designs created each year for the Festival for the Eno. The Eno River calendar inspires and reminds us each day of the year what we've

been working to protect for more than forty years.

Support our retail business partners by shopping locally or contact our office to purchase your calendar: [calendars@enoriver.org](mailto:calendars@enoriver.org) or 919-620-9099 ext. 205. For a listing of local retail shops selling the 2008 Eno calendar visit [www.enoriver.org/calendar/calloc.htm](http://www.enoriver.org/calendar/calloc.htm)



## Festival for the Eno Job Opportunities

**Sponsorship Coordinator** – Fundraising position. Assist with development of sponsorship packages. Prepare materials, identify potential sponsors and negotiate sponsorship agreements. *January–May*

**Volunteer Coordinator** – Prepare mailings, coordinate volunteer schedule and recruit and schedule volunteers. Excellent phone and email skills necessary. Familiarity with the Festival a plus. *February–August*

**Assistant Coordinator** – Assist with all aspects of the Festival including office communication, site set-up and break-down. Ideal skill set includes strong writing and verbal communication skills, layout and design experience, familiarity with basic carpentry skills and tools, as well as a good tolerance to working in the heat! *May–August*

For more information or full job descriptions for these opportunities, please contact Greg Bell at 919-620-9099 ext.203 or [greg@enoriver.org](mailto:greg@enoriver.org).

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Join us! We are always in need of members who want to help protect the nature, culture, and history of the Eno River. If you are not a member, why not join today? If you have already paid your dues, share your love of the Eno with a friend or family member and encourage them to join the Eno River Association. Memberships also make great gifts!

**ENO RIVER CURRENTS IS ONLINE!**  
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**Eno River Association  
Membership Application/Renewal Form**

Clip and Mail to: 4419 Guess Road, Durham, NC 27712

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

*We do not share our email list.*

I would like to make an additional contribution of \$ \_\_\_\_\_

*All donations are tax deductible. Thank you for your contribution.*

**Method of Payment**

Check (Please make payable to the Eno River Association)

Mastercard  Visa Credit Card # \_\_\_\_\_

Signature \_\_\_\_\_ Exp. Date \_\_\_\_\_

**Membership Level**

- \$10 Student
- \$25 Friend
- \$35 Patron
- \$50 Supporter
- \$100 Protector
- \$250 Steward
- \$500 Conservator
- \$1000 Guardian
- \$5000 Champion



**Volunteer for the Eno**

- Please inform me of volunteer opportunities with the Eno River Association. (Please provide an email address if you have one.)

*Clip and mail this form or join online at [www.enoriver.org](http://www.enoriver.org)*